

THE RELATIONSHIP BETWEEN STRUCTURE AND *IN VITRO* ANTISTAPHYLOCOCCAL EFFECT OF PLANT-DERIVED STILBENES

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(Received: 3 May 2018; accepted: 9 July 2018)

Staphylococcus aureus is a major human pathogen that is responsible for both hospital- and community-acquired infections. Stilbenes are polyphenol compounds of plant origin known to possess a variety of pharmacological properties, such as antibacterial, antiviral, and antifungal effects. This study reports the *in vitro* growth-inhibitory potential of eight naturally occurring stilbenes against six standard strains and two clinical isolates of *S. aureus*, using a broth microdilution method, and expressing the results as minimum inhibitory concentrations (MICs). Pterostilbene (MICs = 32–128 µg/ml), piceatannol (MICs = 64–256 µg/ml), and pinostilbene (MICs = 128 µg/ml) are among the active compounds that possess the strongest activity against all microorganisms tested, followed by 3'-hydroxypterostilbene, isorhapontigenin, oxyresveratrol, and rhapontigenin with MICs 128–256 µg/ml. Resveratrol (MIC = 256 µg/ml) exhibited only weak inhibitory effect. Furthermore, structure–activity relationships were studied. Hydroxyl groups at ortho-position (B-3' and -4') played crucial roles for the inhibitory effect of hydroxystilbene piceatannol. Compounds with methoxy groups at ring A (3'-hydroxypterostilbene, pinostilbene, and pterostilbene) produced stronger effect against *S. aureus* than their analogues (isorhapontigenin and rhapontigenin) with methoxy groups at ring B. These findings provide arguments for further investigation of stilbenes as prospective leading structures for development of novel antistaphylococcal agents for topical treatment of skin infections.

Keywords: antimicrobial activity, natural antibacterial agents, minimum inhibitory concentration, *Staphylococcus aureus*, structure–activity relationships

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Introduction

Staphylococcus aureus colonizes the normal human microflora usually found on the skin and mucosa [1], and is a remarkably diverse bacterial pathogen as reflected in its capacity to cause various array of infections (e.g., pneumonia, sepsis, and skin and soft tissue infections) and food poisoning [2–4]. Antibiotics are generally applied as a conventional treatment [5]; however, *S. aureus* has acquired resistance to a majority of clinically used agents [1, 6]. Thus, it is very likely that chemotherapy of *S. aureus* infections will become more difficult in the future [5].

Discovery of new natural antibacterial agents, which include plant-derived compounds, has regained momentum in past years as an important strategy on how to overcome the complications in the anti-infectious therapy [7]. Among these natural substances, plant stilbenes have received considerable interest over the past 20 years due to their pharmacological effects and negligible toxicity verified on various *in vitro* and *in vivo* studies, as well as a few clinical trials [8, 9]. They occur naturally in various plant families, such as the *Cyperaceae*, *Dipterocarpaceae*, *Fabaceae*, *Gnetaceae*, *Moraceae*, *Polygonaceae*, and *Vitaceae*, whereas grapes and related products are considered to be the most important dietary sources of these substances [10]. In previous studies, antimicrobial effect of model stilbene resveratrol and its related structures (e.g., piceatannol, pterostilbene, trans-piceid, and trans- ϵ -viniferin) has been reported against various food and human pathogenic microorganisms, such as *Acetobacter aceti*, *Acetobacter oeni*, *Bacillus cereus*, *Bacillus subtilis*, *Dekkera bruxellensis*, *Escherichia coli*, *Listeria innocua*, *Listeria monocytogenes*, *Pseudomonas fluorescens*, *Pseudomonas aeruginosa*, *Streptococcus* spp., *Zygosaccharomyces bailii*, and *Zygosaccharomyces rouxii* [11–15]. The *in vitro* growth-inhibitory effect of (E)-3-hydroxy-5-methoxystilbene, oxyresveratrol, pterostilbene, and resveratrol has also previously been described against *S. aureus* and *Staphylococcus epidermidis* [15–18].

It is broadly recognized that the biological activity of a plant-derived compound depends on its chemical structure and that the antioxidant properties of phenolics are closely related to the types of structural terminal groups, as well as to the number and locations of hydroxyls [19]. In the case of resveratrol, it has been reported that the introduction of methoxy substitution in the place of hydroxyl groups improved the compound's antiproliferative effect by apoptosis induction and cell cycle inhibition. The more methoxy groups added, the better the antitumor activity of the compound becomes [20]. Another research showed that structural modifications of the resveratrol increase its bioavailability, while

preserving its beneficial properties in control of atherosclerosis and heart disease [21]. Despite the reports on antistaphylococcal activity of stilbenes, the role of the functional groups at certain positions of resveratrol-related structures in *S. aureus* growth-inhibitory effect has not been reported, to date. For these reasons, the aim of this work is to investigate the relationship between structure and *in vitro* antistaphylococcal effect of various resveratrol-related compounds.

Materials and Methods

Chemicals

Isorhapontigenin (purity >95%), piceatannol (purity >98%), pinostilbene (purity >97%), pterostilbene (purity >98%), resveratrol (purity >98%), and rhapontigenin (purity >98%) were purchased from TCI EUROPE N.V. (Zwijndrecht, Netherlands); oxyresveratrol (purity \geq 97%) was obtained from Sigma-Aldrich (Prague, Czech Republic). 3'-hydroxypterostilbene (purity = 97%) was received as a gift sample from the Sabinsa Corporation (NJ, USA). The dimethyl sulfoxide (Lach-ner, Neratovice, Czech Republic) has been used as solvent for stilbenes, whereas oxacillin (purity \geq 81.5%) and thiazolyl blue tetrazolium bromide (MTT) (purity = 98%) (Sigma-Aldrich) were dissolved in deionized water. The potency of the compound was incorporated in the formula for the preparation of stock solutions, according to EUCAST [22].

Bacterial strains and growth media

The antimicrobial activity was evaluated against six American Typical Culture Collection strains of *S. aureus* (25923, 29213, 43300, 33591, 33592, and BAA 976) purchased from Oxoid (Basingstoke, UK). Two clinical isolates of *S. aureus* (KI1 and KI2) were obtained from the Motol University Hospital, Prague, Czech Republic. Mueller–Hinton broth (Oxoid) was used as the cultivation medium. The identification of clinical isolates was performed by matrix-assisted laser desorption/ionization time-of-flight mass spectrometry as it is described in Rondevaldova et al. [23].

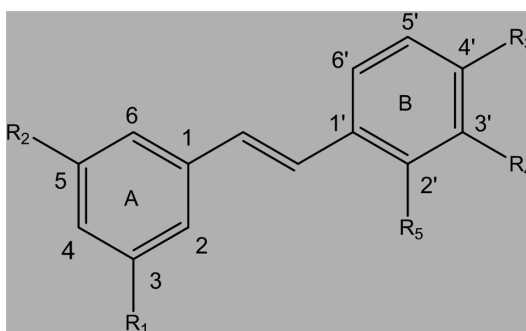
Antimicrobial assay

The *in vitro* antimicrobial activity was determined by the broth microdilution method using 96-well microtiter plates according to CLSI guidelines [24], slightly modified according to the recommendations previously proposed for

effective assessment of the anti-infective potential of natural products [25]. Samples were twofold diluted in a range of 0.5–512 µg/ml and inoculated with bacterial suspension with concentration 5×10^5 CFU/ml. Microtiter plates were incubated at 37 °C for 24 h and bacterial growth was then measured spectrophotometrically as turbidity using a Multimode Reader Cytation 3 (BioTek Instruments, Winooski, VT, USA) at 405 nm. The MICs were expressed as the lowest concentrations, which showed at least $\geq 80\%$ reduction of microorganisms' growth compared to that of the compound-free growth control. In order to confirm optical density measurement results, MTT was added to each well and afterward the viability of bacteria was checked visually. The results corresponding to both spectrophotometric measurement and MTT assay were used for calculation of MIC values. The assay was performed as three independent experiments each carried out in triplicate and median/modal values, which were used for final MICs determination. Oxacillin was used as the positive antibiotic reference control.

Results

In this study, all plant-derived stilbenes (chemical structures shown in Figure 1) exhibited certain degree of *in vitro* growth-inhibitory activity against



Name	R1	R2	R3	R4	R5
3'-hydroxypterostilbene	OCH ₃	OCH ₃	OH	OH	H
Isorhapontigenin	OH	OH	OH	OCH ₃	H
Oxyresveratrol	OH	OH	OH	H	OH
Piceatannol	OH	OH	OH	OH	H
Pinostilbene	OH	OCH ₃	OH	H	H
Pterostilbene	OCH ₃	OCH ₃	OH	H	H
Resveratrol	OH	OH	OH	H	H
Rhapontigenin	OH	OH	OCH ₃	OH	H

Figure 1. Chemical structures of stilbenes tested

Table I. *In vitro* growth-inhibitory effect of stilbenes against *S. aureus*

Compound	Strain tested/MIC ($\mu\text{g/ml}$)							
	ATCC 43300	ATCC 25923	ATCC BAA 976	ATCC 29213	ATCC 33591	ATCC 33592	KI1	KI2
3'-hydroxypterostilbene	256	128	256	128	128	128	256	256
Isorhapontigenin	128	256	256	256	256	256	256	256
Oxyresveratrol	256	256	256	256	256	256	256	256
Piceatannol	64	64	64	64	64	64	64	256
Pinostilbene	128	128	128	128	128	128	128	128
Pterostilbene	32	32	32	32	64	32	32	64
Resveratrol	>512	256	>512	>512	>512	256	>512	>512
Rhapontigenin	256	256	256	256	256	128	256	256
Oxacillin*	16	0.125	8	0.125	128	64	1	16

Note: MIC: minimum inhibitory concentration; ATCC: American type culture collection; KI: clinical isolates.

*Represents reference control.

at least two out of the eight tested *S. aureus* strains (Table I). With the exception of one standard strain and one clinical isolate sensitive to pterostilbene at MIC 64 $\mu\text{g/ml}$, this compound possessed the strongest antistaphylococcal effect against all strains with MIC 32 $\mu\text{g/ml}$. This result corresponds to the findings previously published by Ishak et al. [16] who described MIC 31.25 $\mu\text{g/ml}$ for two standard *S. aureus* strains. Similarly, in our tests, piceatannol inhibited growth of all strains at MIC 64 $\mu\text{g/ml}$ except one clinical isolate (MIC = 256 $\mu\text{g/ml}$). Pinostilbene showed moderate activity with the same MIC value of 128 $\mu\text{g/ml}$ for all tested strains, followed by 3'-hydroxypterostilbene, isorhapontigenin, and rhapontigenin with MIC ranging from 128 to 256 $\mu\text{g/ml}$. Oxyresveratrol was active against all tested strains with MIC 256 $\mu\text{g/ml}$. Our findings on oxyresveratrol and rhapontigenin are in accordance with previous studies reporting their moderate antistaphylococcal activity against standard strains. Resveratrol exhibited inhibitory effect (MIC = 256 $\mu\text{g/ml}$) only against two standard strains, which is consistent with previous reports showing that resveratrol itself has antibacterial effect at high concentrations [26]. Despite the fact that the antistaphylococcal activity of pterostilbene, resveratrol, oxyresveratrol, and rhapontigenin has previously been described, this study brings new data on growth-inhibitory effect of 3'-hydroxypterostilbene, isorhapontigenin, piceatannol, and pinostilbene against *S. aureus*. As far as the relationship between chemical structure of stilbene compounds and their antistaphylococcal effects is considered, our results suggest that the position and the number of hydroxyl and methoxy groups in rings A and B (respectively) are important for activity of stilbene compounds. Although some results differ in one- or two-dilution range, the MICs presented in this work are the

median/modal values obtained from three independent experiments performed in triplicate and thus their values are significantly different.

Discussion

Among the group of hydroxystilbenes, piceatannol, which contained hydroxyl groups at position B-3' and -4', possessed the strongest growth-inhibitory effect against *S. aureus*. In contrast, resveratrol that produces the lowest antistaphylococcal effect has hydroxyl group on B-4' only. These results indicate that the more hydroxyl groups the stilbenes have, the stronger activity they exhibit. This is in accordance with the evidence that increased hydroxylation of phenolic compounds results in their increased toxicity to microorganisms [27]. In addition, Murias et al. [28] showed that tetrahydroxy stilbene analogues (e.g., piceatannol) have several 1,000-fold higher antiradical activities than trihydroxystilbene resveratrol. These findings suggest that increased number of hydroxyl groups on the ring structure leads to higher biological activity. However, both tetrahydroxy stilbenes, oxyresveratrol and piceatannol, significantly differ in their antistaphylococcal effects. This data suggests that not only the number of hydroxyl groups of stilbenes plays a key role in their biological effects, but also their position does. This is in correspondence with Cai et al. [29], who reported that number and location of the hydroxyl groups influenced stilbenes radical scavenging activity. As all hydroxystilbenes in this study have the same number and position of hydroxyl groups in ring A, we assume that the structure of ring B plays an important role in antistaphylococcal potential of stilbenes, which is in accordance with Tang et al. [30] who described that free radical scavenging activity of resveratrol analogues mainly depends on the hydroxyl group at ring B-4' rather than position at the ring A. As it can be observed from the results, compounds with only one hydroxyl group in ring B are less effective than the compounds with two groups. Resveratrol with hydroxyl group at position B-4' exhibited no or negligible antistaphylococcal activity. Whereas, piceatannol with hydroxyl groups at *ortho*-position (B-3' and -4') was more active than oxyresveratrol with hydroxyl groups at *meta*-position (B-2' and -4'). These results indicate that *ortho*-dihydroxy groups in stilbene structure seem to be crucial for antistaphylococcal effect. This observation is in correspondence with previously published reports describing *ortho*-dihydroxy groups as the most important structural feature of high biological activity for phenolic compounds (e.g., stilbenes scavenging radicals) [29]. In addition, the increasing effect of antibacterial activity due to the presence of *ortho*-dihydroxy groups in structure of selected various classes of polyphenols, such as isoflavones, has also previously been proposed [31].

Pterostilbene, a dimethylated analogue of resveratrol with methoxy groups at positions A-3, -5 and hydroxyl group on B-4', possessed the strongest antistaphylococcal effect within all tested compounds. In general, a presence of methylated hydroxyphenyl groups in pterostilbene structure is known to increase its biological activity [32]. According to our results, compounds with methoxy groups at the ring A (3'-hydroxypterostilbene, pinostilbene, and pterostilbene) produced stronger activity against *S. aureus* than their analogues with methoxy groups at the ring B (isorhapontigenin and rhapontigenin), which suggest the important role of ring A methylation in the antistaphylococcal effect of stilbenes. Nevertheless, the presence of methoxy groups in the ring B has also previously been observed to enhance biological activity of resveratrol analogues [30]. Considering the influence of the ring A methylation on *S. aureus* growth, pterostilbene (two methoxy groups at positions A-3 and -5) possessed the strongest inhibitory effect; however, 3'-hydroxypterostilbene with two methoxy groups on A-3, -5 was less active than monomethylated structure of pinostilbene with methoxy group on A-5. Based on these results, we hypothesize that the presence of methoxy group at position A-5 may be significant for the antistaphylococcal effect of stilbenes.

Our findings suggest that stilbenes have potential as antistaphylococcal agents; however, their use in practice is determined by their toxicological and technological properties. There are several studies showing negligible toxicity of stilbenes that are abundant in many commonly consumed foods and beverages such as berries, grapes, red wine, and peanuts [33, 34]. Nevertheless, *in vivo* effectiveness of stilbenes is affected by their limited bioavailability due to rapid metabolism and excretion [35]. According to Wilson et al. [35], methoxylated stilbenes are metabolized more slowly, which may have a positive effect on *in vivo* bioactivity. Alternatively, methoxylation may protect stilbenes from metabolic modification and excretion, thereby increasing their biostability and bioavailability. In this regard, methylated structures such as pterostilbene seem to be more promising antistaphylococcal agents than the hydroxystilbenes. In addition, it has been observed that the topical administration facilitates bioavailability of pterostilbene in skin and plasma of hairless mice [36], which suggests this compound as a promising leading structure for the development of novel antistaphylococcal agents, especially for the treatment of staphylococcal skin infections. However, more detailed toxicological and microbiological studies should be determined before their practical use can be considered.

In summary, plant-derived stilbenes exhibited significant *in vitro* antistaphylococcal effect, specifically pterostilbene, piceatannol, and pinostilbene produced the strongest growth-inhibitory activity against all *S. aureus* strains tested. In addition, the results of the structure–activity relationship analysis suggest the

important role of the position and the number of hydroxyl and methoxy groups in the resveratrol analogues and denote hydroxyl groups at *ortho*-position (B-3' and -4') or two methoxy groups at positions A-3 and -5 as significant supposition for the antistaphylococcal effect.

Acknowledgements

This work was financially supported by grants from the Internal Grant Agency of the Faculty of Tropical AgriSciences (IGA 20175020), by the Grant Agency of the Czech University of Life Sciences Prague (CIGA 20175001), and by the Czech Science Foundation (GA16-07193S). The authors are grateful to Nicolas Paul Wilson for his final linguistic revision of the English text.

Conflict of Interest

The authors declare no conflict of interest.

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