

Do Short-duration Environmental Education Programmes and One-day Excursions Influence Senegalese Primary Schoolchildren's Environmental Attitudes? Save Your Money and Stay in the Classroom

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Do Short-duration Environmental Education Programmes and One-day Excursions Influence Senegalese Primary Schoolchildren's Environmental Attitudes? Save Your Money and Stay in the Classroom.

5 Abstract

Short-duration environmental education programmes and nature excursions are commonly used by conservationists to influence the recipients' environmental attitudes. This study aims to improve this kind of approach and save often limited financial resources. It specifically investigates whether a 2-day environmental class and/or 1-day class followed by 1-day outdoor excursion lead to positive changes in Senegalese children's environmental knowledge and attitudes. A 10-item version of the New Environmental Paradigm scale for Children, complemented by 4 attitude questions related to Derby eland (*Taurotragus derbianus*) conservation and 3 environmental knowledge questions, were used in a pre-, post-, and long-term survey (n= 303). We found only a limited, positive effect of both approaches on influencing environmental attitudes and no benefit of outdoor excursion compared to indoor programme. The most positive attitudes towards the environment and its conservation both before and after the programme were shown by children from urban areas with formally educated fathers.

20 Keywords: Evaluation; New Environmental Paradigm scale for Children; Outdoor excursion;

21 West Africa; Western Derby eland; Wildlife conservation.

23 Introduction

The Western Derby eland (Taurotragus derbianus derbianus, Grav, 1847) is a critically endangered mammal (IUCN 2017), with last wild population estimated as 170 animals (Renaud, Gueye et al. 2006). In 2000, conservation activities were launched by Directorate of National Parks of Senegal and its partners. A semi-captive population was established in the Bandia Reserve in western Senegal, as its protection could no longer be guaranteed in its natural range in the Niokolo Koba national park, south-east Senegal. Nowadays, Senegal has 2 semi-captive populations of Western Derby eland in the Bandia and Fathala nature reserves (Brandlová et al. 2013). In both reserves, the Western Derby eland occurs together with other charismatic, large herbivore species, such as the African buffalo (Syncerus caffer brachyceros), roan antelope (Hippotragus equinus), white rhinoceros (Ceratotherium simum), plains zebra (Equus quagga), and southern giraffe (Giraffa giraffa).

The two reserves represent a unique tool for raising awareness on environmental issues and providing opportunities for direct contact of people with indigenous wildlife species. In 2008, the first environmental education programmes were developed and implemented by Western Derby eland conservation team in the Fathala reserve, south-west Senegal (Grúňová et al. 2017) in order to make use of the opportunities it provides to influence peoples' attitudes towards nature conservation (Bogner and Wiseman 2004; Infield and Namara 2001; Judy 2013). In a series of repeated programmes in 2008-2009, field trips were used to raise awareness and positively influence environmental attitudes of participating schoolchildren. However, these efforts were not systematically evaluated for their effect on changes in environmental attitude of the participants. Although the increase in conservation related knowledge was recorded after the programme, some of the monitored children's environmental attitudes shifted slightly positively and some slightly negatively (Grúňová et al. 2017), the lack of systematic monitoring

47 makes results of such evaluation difficult to apply in different settings (Carleton-Hug and Hug
48 2010; Kopnina 2011).

The programmes were not evaluated or repeated until 2015 for lack of qualified personnel. In 2015, based on preliminary results from evaluation of the first programmes, the new education scheme was developed for schools in the proximity of the Bandia reserve. In order to ensure the general applicability of the new program's evaluation, we used a validated measure of children's general environmental attitudes. A 10-item version of the New Ecological Paradigm Scale for Children (Manoli, Johnson and Dunlap 2007) was chosen for the reasons given below. To learn about the participants' attitudes related to nature conservation, we developed and appended three questions that specifically focus on conservation issues in Senegal: loss of natural habitat; poaching; and lack of empowerment/ belief in ones capacities to preserve nature, in comparison to rich countries; and perception of Western Derby eland conservation importance.

Together with the Ecology Scale (Maloney and Ward 1973), Environmental Concern Scale (Weigel and Weigel 1978) and 2-factor Model of Environmental Values (2-MEV) (Bogner and Wiseman, 1999), the New Environmental Paradigm (NEP) scale (Dunlap et al. 2000) has been the most widely used method to measure environmental attitudes of adults (Bogner and Wiseman 2006; Dunlap 2008; Hawcroft and Milfont, 2010). The NEP scale is the only one that is formulated in such a way that it does not become outdated with newly emerging environmental issues whereas it also does not refer specifically to western civilizations' environmental concerns (Milfont and Duckitt 2010). We therefore considered it to be the most appropriate instrument to assess the general environmental attitudes of Senegalese children, and any changes that may occur in them after exposure to the environmental education programme (Grúňová et al., 2018). The NEP scale measures whether respondents' general environmental attitudes correspond more to an anthropocentric (concern for humans) than to an eco-centric

(concern for all living things) world-view (Bamberg and Möser 2007; Manoli et al. 2007; Van Petegem and Blieck 2006). It has been used across cultures and continents (Chatteriee 2008; Corral-Verdugo and Armendariz, 2000; Gangaas, Kaltenborn and Andreassen 2015; Kopnina 2011; Schultz and Zelezny 1999; Wu,2012), while a simplified and rephrased version was developed for use with children (Manoli et al. 2007). The NEP scale has already proven its validity not only as an instant measure of environmental attitudes, but also as a tool to monitor changes in attitudes after exposure to education programmes, in both adults (Dunlap, 2008), and children (Collado, Staats and Corraliza 2013; Corraliza, Collado, and Bethelmy 2013; Manoli et al. 2007; Wu 2012).

In the present study, we aim to evaluate the impact of the environmental education programme set up in the two Senegalese administrative regions of Dakar and Thiès in 2015 as part of the Western Derby eland conservation strategy (Brandlová et al. 2013). General environmental attitudes (perception of natural world from either eco-centric or anthropocentric position) of participating children were measured using the 10-item NEP Scale for Children developed by Manoli et al. (2007), whereas specific questions related to Western Derby eland conservation were designed and appended to the standard questionnaire for the purpose of this study. Moreover, we assessed the effectiveness of an outdoor excursion in influencing attitudes towards nature protection (Bogner and Wiseman 2004; Chipembele 2013; Fančovičová and Prokop 2011; Fernan-Vaz 2012; Liefländer and Bogner 2014; Sellmann and Bogner 2013). We hypothesized that:

 i. socio-economic factors (urban versus rural area schools; a child's father being unemployed or employed either in agriculture or crafts, or working for the state; and ethnic background) influence school-children's environmental knowledge and attitudes (Casey and Scott 2006; Kopnina 2011; Powers 2004; Tessema et al., 2010);

specific knowledge related to nature conservation in Senegal increases after ii. schoolchildren have been exposed to a sensitisation programme on raising awareness on environmental issues, general attitudes shift from anthropocentrism to eco-centrism, and specific attitudes related to Western Derby eland conservation shift towards higher conservation awareness (Bamberg and Möser 2007; Dunlap and Van Liere 2008; Grúňová et al. 2017; Infield and Namara 2001; Zsóka et al. 2013);

iii. a one-day outdoor excursion positively influences specific environmental knowledge, and both specific and general environmental attitudes more than a alternative indoor programme with similar content (Bogner 2002; Frantz and Mayer 2014; Sellmann and Bogner 2013); and

the level of specific knowledge about nature and its protection in Senegal correlates iv. positively with eco-centric environmental attitudes and positive Western Derby eland conservation-related attitudes (Kaiser, Roczen, Bogner 2008). and Lie.

Methods

Conservation programme, study area, and target group

The present study was conducted in November-December 2015 in schools and in the Bandia nature reserve, in western Senegal. Participants consisted of CM1-level (lower secondary) schoolchildren from urban and rural areas in both Dakar and Thiès regions. The criteria for selecting schools to be involved in the study were their distance from the nature reserve (maximum of 70 km), school officials' willingness to participate in the programme, and ease of accessibility. CM1 school grade corresponds with the first level of the so-called 'middle school' in Senegal, and thus theoretically comprises children in the 12-13 year age group. In our case, the average age of participating children was 13 (ranging from 10 to 16, with one exception of 17 and two who were 18 years old). This deviation in age from what is norm was

caused either by a delayed start in primary education, or by multiple class repetitions. In total, we monitored 303 children in the study: 151 boys and 149 girls (three children did not mention their sex). Of these, 157 children attended urban schools, and 146 rural schools. Overall, 135 children participated in a two-day, in-class programme, whereas 168 took a one-day in-class programme, visiting the Bandia natural reserve the second day. Most respondents belonged to either of 5 ethnic groups: Serer (n=100), Wolof (36), Toucouleur (9), Mandingue (7), and Fulani (7), with the remaining ethnic groups forming the 'minority' category.

Content of the two-day education programme

The total duration of the programme varied from 7 to 8 contact hours. Lectures were provided by one Senegalese and one foreign educator in French language. The lecturers used verbal, demonstration and practical-work methods to engage participating schoolchildren (Janiš, Kraus, and Vacek 2008). First programme day began with a discussion on elements of the natural world and their connectedness. This part, along with theory of food chain, included a game whereby children representing elements in the environment, such as grass, water, fly or lion, end up mutually connected with a rope, demonstrating these interrelations in nature. The theoretical part consisted of a presentation of the following topics: causes of loss of species (poaching, deforestation, and human encroachment), soil degradation, bush fires; examples of extinct species in Senegal; protected areas in Senegal and their role; the Western Derby eland as a flagship species of the Senegalese natural environment and threats to the eland's survival. Theoretical classes were illustrated by visual material projected on the classroom wall and children were encouraged to actively participate and respond to questions about the threats to nature in Senegal. At the end of the first day, children were asked to build up a story using Derby eland conservation team author story-telling cards showing different forms of unsustainable nature use in Senegal. Groups of children working together then shown their

chosen cards in chosen order and told their story either to the lecturer or their teacher, whoever was available. During the second day, nature and wildlife in Senegal was presented using photographs of animals and trees projected on the lecture room wall with the 'Class-group'. The 'Reserve-group' observed the same animals during an outdoor excursion in the Bandia reserve. Children from both groups were given a species check-list and were asked to mark all the animals they saw on photographs or in the reserve. Children collected points for every animal identified. For identification they used a booklet designed by the education team 'Les animaux du Sénégal'. 'Class-group' and 'Reserve-group' children were provided with the same information and participated in the same activities, only the setting (and type of exposure to stimuli) differed.

157 Questionnaire

A 10-item version of the NEP Scale for Children (Manoli et al. 2007) was used to measure general environmental attitudes (Table 1). The scale consists of six eco-centric questions (concern for all living things; questions 1, 2, 4, 5 and 8; e.g. *Q1* '*Plants and animals* have as much rights as people to live'), and four anthropocentric questions (concern for humans/utilitarian view on nature: e.g. Q7 'People are supposed to rule over nature', questions 3, 6, 7 and 9). Originally, the NEP scale was designed for children of 10-12 (Manoli et al., 2007), but based on previous experience with environmental education programmes in Senegal, where younger children had difficulties writing in French (Grúňová et al. 2017), we found it more suitable to apply the scale on older children. The scale was therefore administered to 12-14 year old children. Moreover, as the 10-item NEP Scale for Children proved to be inconsistent as a whole or in other studies coherent clusters (Van Petegem and Blieck, 2006; Manoli et al. 2007; Ogunbode 2013) when used on a corresponding sample (n=782) of Senegalese children (Grunova et al. 2018), we evaluated the responses question by question.

To test specific conservation attitudes relevant to Western Derby eland conservation, we designed an additional set of four questions (questions 11-14; see Table 1). Questions 15-18 were appended in order to test children's specific knowledge related to nature and its conservation in Senegal. Q15 '*Which silhouette is of the Derby eland*', which included drawings of animal silhouettes, Q16 '*Name 10 wild animal species occurring in Senegal*', Q17 '*Over what time duration does a plastic bag decompose*?', and Q18 '*Name 5 Senegalese nature reserves*'.

In overall, questions 1-14 were administered as a choice from a five-point Likert scale, graded from strongly agree (1) to strongly disagree (5) with value (3) meaning '*I am not sure*', and questions 15-18 as single-choice and open-ended questions.

182 Data collection and analysis

183 Respondents were sampled using a pre-, post-, and long-term design (e.g. Barch et al. 184 2007), i.e. the same questionnaire was administered to the same children before the programme, 185 three weeks after the programme and one year after the programme. The NEP score was 186 calculated as the sum of positive responses in the eco-centric questions and as a sum of negative 187 responses in the anthropocentric questions to allow comparison of our results with those of 188 similar studies. The same was done with questions on specific conservation attitudes (Q11-14).

To explore the influence of socio-economic factors on children's knowledge, and attitudes towards the environment before the intervention, we tested the effects of school location (urban, rural), father's employment status (in the categories agriculture, labourer, or jobs requiring higher formal education), and respondent's ethnic origins (Mandingue, Fulani, Wolof, Serer, Toucouleur, and 'other') via a Repeated Measures ANOVA (Davidian, and Giltinan 1995) for each effect separately.

The programme's effect on children in general, its effect on children from urban/rural schools, and on the participants of two forms of the programme (in-class / outdoor excursion) was tested with the total number of knowledge points defined as sum of points appointed to correctly answered Q15-18, or Likert scale values in the post-test as dependent, and school location or form of programme as independent variables. Tukey's HSD tests were applied to test significant differences in all the repeated measure ANOVAs as it applies simultaneously to the set of all compared values.

In order to test correlations between total knowledge and attitude scores, we used Spearman's rank correlation. To test the probability that knowledgeable children, i.e. children with high knowledge scores will name the Western Derby eland in the post-test within wild animals occurring in Senegal, we used logistic regression with the number of correctly listed animals in question 16 as a dependent variable and the total knowledge score as an independent variable. All statistical analyses were carried out using the STATISTICA 13 package (TIBCO).

4.0

Results

Before the start of intervention, average knowledge scores (points gathered in Q15-18) of respondents reached 6.3 points on a maximum of 19. Respondents' general environmental attitudes on eco-centric questions where answer 'I strongly agree' (value 1 on the Likert scale) meant an eco-centric positions (Q1, Q2, Q4, Q5, Q8) ranged 1.6-2.5. On the other hand, respondents' attitudes on anthropocentric questions where the answer 'I strongly agree' meant an anthropocentric position (Q3, Q6, Q7, Q9) yielded Likert scale values between 2.2 and 2.8. Specific conservation attitudes ranged 2.1- 3.9 which indicated mostly positive conservation attitudes, with exception of question 11 (Table 1).

219 Table 1 here

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221 *Does socio-economic background of schoolchildren influence their environmental* 222 *knowledge and attitudes?*

The pre-test knowledge scores of children whose father works in agriculture (mean 223 score 5.5±0.3SE) or as waged labourer (mean score 5.9±0.3SE) was at the similar level, while 224 children with a father with a higher education degree (mostly worked as state employees) 225 achieved significantly higher knowledge scores than the other groups (mean score 7.6 ± 0.3 SE) 226 (F=17, p<0.01). Children with a father with higher education scored more eco-centrically and 227 less anthropocentrically, and were more supportive of conservation than children with fathers 228 229 working in agriculture (Q4, Q7, Q8, Q12), as a labourer (Q13) or than both, i.e. children with fathers working in agriculture and waged labourers (Q2, Q5, Q6, Q9, Q10, Q11 and Q14). In 230 Q1, children with higher-education fathers scored significantly more anthropocentrically than 231 children with a father working in agriculture (all p<0.01). 232

There was no difference in knowledge or attitude scores of children grouped per ethnic group except of Q3, Q7 and Q9.in Q3, Mandingue children were shown to take an eco-centric position, whereas Wolof, Serer and Toucouleur appeared to be anthropocentric; in Q7, Toucouleur were more eco-centric than Mandingue and Fulani, respectively; in Q9, Mandingue were more eco-centric than Wolof and Serer, respectively (all p<0.01).

Children from urban areas initially achieved higher knowledge scores (mean score 6.9±0.3SE) than children from rural areas (mean score 6±0.2SE) (F=7.5, p<0.01). The difference in pre-test attitudes between children from urban and rural schools appeared highly significant in all questions except for Q3, Q4 and Q7. Urban children scored higher on ecocentric attitudes (Q2, Q4, Q5, Q8, Q10, all p<0.01) and anti-anthropocentric attitudes (Q6, Q9, p<0.01) and were more in favour of conservation (Q11, p<0.01) than rural children. Only in Q1, did urban children scored lower on eco-centric questions than rural children.

Numbers of correctly named wild animals living in Senegal together with numbers of domesticated and alien species perceived as wild Senegalese animals are given in Table 2. Children from urban areas significantly listed more wild animals present in Senegal (F=20, p<0.001). Moreover, while children from urban areas tended to incorrectly list non-indigenous (tiger, bear) species, children from rural areas listed less non-indigenous species and included incorrectly more domesticated (horse, goat) ones than children from urban areas.

Table 2 here

Environmental education programme effect on environmental knowledge and attitudes of children

Specific environmental knowledge points reached an average value of 6.4 in pre-test $(\pm 0.2 \text{ SE})$, an average of 9.6 points $(\pm 0.3 \text{ SE})$ one month after the programme, and an average of 10.4 points one year after the programme (± 0.3 SE).

Mean scores and frequency distribution of pre-, post- and long-term attitude scores (Q1-Q10 for NEP scale for children; and Q11-Q14 on specific conservation attitudes) are given in Table 1. The NEP values on questions 1, 2, 4 and 5 remained almost unchanged in the post-test and the values ranged within eco-centric positions. With Q8, 5% more children answered yes on 'People behave badly to the environment' in the post-test, evidencing that the latter had brought about a shift towards eco-centrism, whereas with Q10 3% less children answered yes evidencing a negative shift but still in eco-centric range. In all anthropocentric questions 3, 6, 7, 9 respondents were shown to hold utilitarian positions in pre-test, weakening in post-test.

Respondents held pro-conservation attitudes during the pre-test, except for Q11. Whereas in Q11 respondents were not in favour of conservation before the programme, they have shifted to pro-conservation positions after the programme. Responses on Q12 remained

almost unchanged between pre- and post-test whereas pro-conservation attitudes of respondents
further deepened in Q13 and Q14 as evidenced in lower NEP score of Q13 and higher score in
Q14.

Long-term results in all eco-centric, anthropocentric and specific conservation attitudes were influenced by the high number of missing responses (34 - 36%). In all questions (except for O2 and O7), the percentage of low post-test values were proportionate to the percentage of low long-term values and the percentage of high values in the pre-test corresponded to the percentage of high values in the long-term test. In Q2 'There are too many people on the planet', less respondents agreed in the long term test while percentage of disagreeing respondents remained similar as in the post- test. In Q7 'People are supposed to rule over the nature' more respondents agreed in the long term test and less disagreed than in the post-test (Table 1.).

The program had different effects on the attitudes of children from rural and urban areas for Q1, Q4, Q13 and Q14 (all p<0.01, Figure 1). In Q1, anthropocentric values of children from urban areas weakened in post-test whereas children from rural areas moved towards anthropocentric positions. In Q4, the attitudes of children from urban areas remained the same, whilst eco-centric positions of rural children weakened in post-test and increased again with the long-term test. Q13 post-scores of urban children moved more distinctly towards conservation than those of children from rural schools. The very high initial scores in favour of conservation for Q14 of urban children remained almost unchanged, whilst rural children's scores further increased towards conservationism to reach a similar level with those of urban children.

291 Figure 1 here

Does participation in an outdoor excursion affect the knowledge and attitudes of children? Page 13 of 33

The initial knowledge of respondents in the so-called 'Reserve' and 'Class' groups differed significantly before the exposure (mean_R=5.8, mean_C=7.3). The knowledge of both groups increased to a similar level after exposure to the programme (mean_R= 9.7, mean_C=9.5) and to $mean_{R} = 10.4$, $mean_{C} = 10.5$ one year after exposure.

The attitudes of respondents in so called 'Class' and 'Reserve' groups differed significantly before exposure to the programme for half of the questions (Q3, Q6, Q7, Q10, Q11, Q12 and Q14, all p<0.01). The short- and long- term effect of programme location (in class or in reserve) on respondents' attitudes was significant in Q3 (F=3.8, p<0.01), Q6 (F=3.7, p<0.01) and Q7 (F=5.4, p<0.01). In questions 6 and 7 the Class group weakened its anthropocentric position in both post- and long term tests. In question 3 the Class group weakened its anthropocentric position in the post-test and scored higher again during the long-term evaluation. The Reserve group had similar scores or slightly lowered their anthropocentric positions in post- and long eziez term tests (Figure 2).

Figure 2 here

Do environmental attitudes correlate with specific knowledge related to nature conservation in Senegal?

Higher pre-test knowledge scores were found to correlate with eco-centric, anti-anthropocentric or positive specific conservation pre-test attitudes among respondents in questions 2, 4, 5, 6, 9, 10, 11, 12 and 14 (Table 3).

Most of the correlations of attitudes with knowledge that appeared in pre-test did not appear again in post-test. Exceptions were Q5 (Spearman R=- 0.1; p<0.05); Q11 (Spearman R=0.12; p<0.05); Q12 (Spearman R=0.2; p<0.05). In Q13 ('I consider protection of Derby eland in my country very important'), correlation between attitudes and knowledge scores did

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2 3 4	320	not appear in pre-test and appeared in post-test (Spearman R=-0.15; p<0.05). Correlation
5 6	321	between knowledge and attitude scores in the long-term test remained in three questions: in
7 8	322	Q10 (Spearman R=-0.2; p<0.05); Q11 (Spearman R=0.1; p<0.05); and Q12 (Spearman R=0.2;
9 10 11	323	p<0.05).
12 13	324	
14 15	325	Table 3 here
16 17 18	326	
19 20	327	Children achieving higher knowledge scores in the post-test were more likely (77%
21 22 22	328	probability) to name Western Derby eland within Senegalese wild animals, (odds ratio = 11,
23 24 25	329	$\chi^2_{(1)} = 138, p < 0.001$).
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28 29 30 31 32 33 34 35 36 37 38 39 40 41 42 43 44 45 46 47 48 49 50 51 52 53 54 55 56 57 58 59 60		

332 Discussion

We found that children from different socio-economic backgrounds differ in knowledge and attitudes in the pre-test. Children from rural schools and with father with jobs requiring higher education (mostly assigned as working for the state) scored higher on knowledge questions, were inclined to eco-centrism and less anthropocentric, and felt more in favour of nature conservation. Only on Q1 'Plants and animals have as much right as people to live', did this group score lower on eco-centrism than rural children and children with a father working in agriculture. Answers to Q1 would seem to be influenced by closer physical contact with nature of rural children and children with farming background, and at the other hand detachment from natural world of urban children. In overall, we conclude that positive attitudes towards environment and its conservation possibly result from level of children's education (higher in urban schools in Senegal) and sociological backgrounds given by their family intellectual environment (Casey and Scott 2000; Dunlap 2000; Jones and Dunlap 1992).

No difference was found in the attitudes of different ethnic groups (except for Q3, Q7) and Q9 and without any clear recognisable pattern) which could be influenced by multi ethnic settings of the study area. The study was carried out in the richest regions in Senegal (Dakar and Thiès), with high internal immigrant numbers, where all ethnic groups appear together and thus live under comparable conditions. We therefore suggest that ethnic origin is not an influential variable for shaping the knowledge and environmental attitudes of children living in this multi-ethnic environment. We have to highlight that the numbers of children from different ethnic groups in this study were imbalanced (Serers and Wolof being represented by over 85% of respondents), which could have influenced the results.

The structure of responses on animals considered as wild and present in Senegal differed between urban and rural children. While children from urban areas tended to incorrectly list non-indigenous species (tiger, wolf), children from rural areas avoided non-indigenous species

and included incorrectly domesticated ones such as cow, goat or horse. This difference can be
assigned to different exposure to media, such as TV, to which the urban children have better
access, whereas rural children spend more time outdoors surrounded by domesticated animals.

The specific environmental knowledge of participating children increased after exposure to the programme from 6.4 points to 9.6 points in post-test and to 10.4 points in the long-term test. The increase in specific environmental knowledge in the long-term test in comparison to those of post-test can be assigned to respondents' higher ages and levels of education as well as to their increased interest in wildlife and more proactive search for information.

However Senegalese children scored high on eco-centrically oriented questions both in pre- and post-test, they also scored high on anthropocentric questions, which was not usual in previous studies in western nations (Dunlap et al. 2000; Manoli et al. 2007). In western nations, people hold either eco-centric or anthropocentric/utilitarian positions. The so called dualism was challenged in developing nations, where one can hold eco-centric and anthropocentric positions at the same time. This is believed to be due to much more holistic approach to the human-environment relationship of people in developing countries than those in the western world (Corral-Verdugo and Armendariz 2000; Ogunbode 2013; Van Petegem and Blieck 2006).

The most affected eco-centric question by exposure was Q8 '*People behave badly to the environment*' where 5% more children answered positively after the programme. The programme was although found to have a negative effect on children's believes in nature having limits, where on Q10 '*If things don't change we will have a big disaster in the environment soon*' 3% less children answered yes during post-test phase than in pre-test. Utilitarian positions that children held in all anthropocentric questions Q3, Q6, Q7 and Q9 in pre-test, weakened after exposure to the programme, and spanned slightly to eco-centric positions in Q6 'Nature is Page 17 of 33

strong enough to handle the bad effects of our modern lifestyle'. This suggests the 2-day environmental education programmes have a limited potential to further increase already existing eco-centric attitudes, and/but can weaken the anthropocentric/utilitarian positions of the exposed children. The higher effect of environmental education interventions on utilitarian factors rather than on preservation was described by Bogner (2002), and Sellman and Bogner (2013) who argued that this was probably due to the fact the education programme was focused on utilitarian topics, rather than on preservation. As in the present programme both eco-centric and anthropocentric issues were addressed, we assume that anthropocentrically oriented questions were affected because there was simply more room for change (respondents scoring already high in eco-centrism before the intervention). In addition to which, it is possible that some answers that we interpreted as eco-centric rather suggest anthropocentric positions in the minds the respondents (Grúňová et al. 2018; Ogunbode 2013). For instance, a previous study on a comparable sample of children in Senegal showed that Q2 'There are too many people on the planet' was not regarded as connected with environmental problems, was not seen in negative light and thus positive answer did not display eco-centric attitudes, as it did in western countries (Grúňová et al. 2018).

Specific attitudes to conservation of the respondents in the pre-, post and long term tests ranged within pro-conservation positions except for Q11 'I would prefer an amusement centre to be constructed near my village/city over a nature reserve'. The impact of the two-day education programme on respondents' conservation attitudes was positive except for Q12 where 16% of children before the programme and 17 % after the programme thought that 'People from their village should be authorized to hunt in the nature reserve'. This may result from a misunderstanding coming from the difference in cognitive map of Senegalese children compared to that of the westerners who designed the programme (Chatterjee 2008), and is yet to be explored. It is also possible that children who agreed on hunting in the reserve against to

> children who did not agree, had already such strongly fixed beliefs that a two-day programme could not change. The number of children who considered protection of the Derby eland important in their country increased from 66% before to 89% after the programme. Considering that almost no respondents were familiar with the Derby eland before the programme, we assign the high rate of positive responses in pre-test to demand bias. Even though we limited the information given to the children prior to pre-test, we could not assure that their teachers did not communicate the purpose of the programme. It is also possible the children simply assumed that the Derby eland, regardless of what it is, is something of particular interest to us once we are asking it in the questionnaire.

As of authors' knowledge, no systematic study had been published on effect of oneday outdoor excursion as a tool to foster wildlife conservation, even though the excursion has been widely used for this purpose (e.g. Chipembele 2013; Rakotomamonjy et al. 2014; Bobek 2013). It was shown that although the excursion had slightly higher effect on knowledge of participating children, than corresponding indoor programme, there was no effect on their environmental or conservation attitudes. This was previously find in Bogner (2002), Frantz and Mayer (2014) or Sellmann and Bogner (2013) who questioned efficiency of short- term outdoor excursion in influencing environmental attitudes of participants and argued children are more focused in class and education tends to be better structured there. Given that the two groups ended at the similar knowledge scores level, it is also possible that potential of the programme to increase environmental knowledge of the participants was simply reached.

We found that the level of specific knowledge about nature and its protection in Senegal correlates positively with eco-centric environmental attitudes as suggested e.g. in Kaiser, Roczen and Bogner (2008) in pre-test questions Q2, Q4, Q5, Q6, Q9, Q10, Q11, Q12, Q13 and Q14. Such a correlation did not appear in most of the questions except of Q5, Q11 and Q12 in post-test and Q10, Q11 and Q12 in long-term test.

The percentage of missing responses in the long-term test (34 - 36%) suggests that three tests with the same questionnaire might not be the best practice. There is a possibility for responses to be biased by lack of concentration or motivation to respond. It might have seemed unnecessary to respondents to answer the same questions for the third time and they therefore may have skipped them in the long-term test. Expectations from the programme might not have been fulfilled at the end of the programme.

440 Conclusion

The research on Senegalese children's attitudes and the potential of educational intervention to affect them shows that a two-day environmental education programme positively increases knowledge, weakens respondent's anthropocentric attitudes and positively moderates already existing pro-conservation attitudes. The one-day excursion was not proven to be more efficient in increasing knowledge scores, enhancing eco-centric and pro-conservation attitudes or weakening anthropocentric attitudes, than a corresponding indoor programme. It therefore seems reasonable in the case of limited financial resources to suggest educating more children in class than to invest in any one-day excursion. Furthermore, it was shown that the higher education of a child's father and attendance at an urban school (regarded as a higher standard in education in Senegal), and a higher specific environmental knowledge score correlated positively with environmental attitudes, which suggests that higher general education plays in favour of any conservation programme and in the case of abundant financial resources it might be good idea to foster it in areas of conservation programmes.

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Tables and figures

Table 1. Frequency distributions for the revised 10 question NEP for Children (Manoli et al., 2007) and specific nature conservation attitudes in pre, post and long term tests, frequency displayed as percentages Notes: EC indicates eco-centric questions (New Environmental Paradigm), AC indicates anthropocentric questions), SA indicates specific conservation attitudes SD = strongly disagree, D = disagree, I = indifferent, A = agree, SA = strongly agree * The NEP was calculated as the sum of the positive response frequencies for each item: SA plus A for the ecological questions and (1, 2, 4, 5, 8, 10, 13), D plus SD for the anthropocentric questions and (3, 6, 7, 9,) The sum of positive responses was calculated for positively formulated specific conservation questions (13) and negative responses for negatively formulated conservation questions were adjusted to the column NEP (11, 12, 14)

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		Score							
Question	Test	mean±	SA	А	Ι	D	SD	Missing	NEP *
		SE						responses	
1 Plants and animals have as much right as people	pre	2.45±0.07	28.7	24.8	22.8	15.5	6.2	2.0	53.5
to live EC	post	2.46±0.07	31.0	21.5	21.1	17.8	6.3	2.3	52.5
	long	2.10±0.09	27.7	17.5	7.0	10.6	2.0	35.3	45.2
	pre	1.56±0.05	56.8	33.0	5.9	2.0	1.0	1.3	89.8
2. There are too many people on the planet. EC	post	1.58±0.05	54.8	35.3	5.9	1.7	1.3	1.0	90.1
	long	1.53±0.05	41.0	19.5	1.3	2.3	1.3	34.7	60.5
3. People are clever enough to keep from ruining	pre	2.20±0.06	28.0	34.0	26.0	5.6	3.3	3.0	8.9
the Earth. AC	post	2.34±0.06	26.4	30.0	25.4	11.6	3.6	3.0	15.2
	long	2.24±0.08	21.1	19.5	13.9	5.3	4.0	36.3	9.3
	pre	1.77±0.05	46.2	33.3	10.9	4.3	1.7	3.6	79.5
4. People must obey the laws of nature. EC	post	1.82±0.06	47.9	31.0	9.6	6.3	2.6	2.6	78.9
	long	1.51±0.06	42.2	15.6	5.0	1.7	0.7	35.0	57.8
5. If people pollute nature, there will be negative	pre	2.02±0.07	43.2	25.7	13.6	9.6	4.2	3.6	68.9
effects. EC	post	2.00±0.07	44.6	24.4	15.8	8.3	4.0	3.0	69.0
	long	1.83±0.08	33.7	18.2	5.9	4.0	3.0	35.3	51.9
6. Nature is strong enough to handle the bad	pre	2.79±0.07	14.5	24.8	34.7	12.5	10.6	3.0	23.1
effects of our modern lifestyle. AC	post	3.01±0.07	10.2	24.0	31.7	19.1	13.2	1.7	32.3
	long	3.25±0.09	5.6	10.9	21.1	14.2	11.9	36.3	26.1
	pre	2.74±0.07	15.2	25.1	33.0	12.5	9.0	5.3	21.5
7. People are supposed to rule over nature. AC	post	2.89±0.07	13.5	2.4	34.3	16.5	11.2	2.0	27.7
	long	2.85±0.07	11.5	12.9	21.5	10.9	7.6	35.6	18.5
	pre	2.37±0.07	30.0	27.4	18.5	15.2	5.3	3.3	57.4
8. People behave badly to nature. EC	post	2.31±0.07	30.4	32.0	14.9	15.2	5.3	2.3	62.4
	long	2.27±0.08	20.5	24.4	7.6	10.2	3.3	34.0	44.9
9. People will some day know enough about how	pre	2.17±0.06	29.0	37.3	23.8	3.0	5.3	1.7	8.3
nature works to be able to control its effects. AC	post	2.43±0.06	19.5	33.3	31.7	7.9	4.6	3.0	12.5

	long	2.30±0.08	17.5	20.1	20.8	2.6	3.6	35.3	6.2
10 If things don't change we will have a big	pre	1.68±0.06	56.4	28.0	7.3	3.3	3.6	1.3	84.4
disaster in the environment soon. EC	post	1.80±0.06	52.5	28.7	6.6	5.9	4.6	1.7	81.2
	long	1.65±0.07	38.0	19.5	4.3	1.3	2.6	34.3	57.5
11. I would prefer to have an amusement centre	pre	2.98±0.09	21.5	26.7	7.6	15.8	26.1	2.3	41.9.
constructed over a nature reserve with wild	post	3.15±0.09	18.5	24.8	8.9	17.5	29.4	1.0	46.9.
animals in the proximity of my city/village SA	long	3.22±0.12	15.2	11.9	5.9	8.6	24.1	34.3	32.7.
12 I think that people from my city/village should	pre	3.9±0.07	5.9	9.6	13.2	29.4	40.6	1.3	70.0.
be authorised to hunt in the natural reserves. SA	post	3.85±0.07	8.3	8.6	12.2	30.7	39.3	1.0	70.0.
	long	3.88±0.09	5.3	6.9	7.3	16.5	29.0	35.0	45.5.
13. I consider protection of the Derby eland in my	pre	2.1±0.06	31.7	34.7	24.4	3.6	3.3	2.3	66.4.
country very important. SA	post	1.62±0.05	53.5	35.0	7.3	1.3	2.0	1.0	88.5.
	long	1.6±0.06	37.3	19.8	3.6	2.6	1.0	35.6	57.1.
14. Only rich countries should protect the environment. SA	pre	3.86±0.07	9.6	6.0	11.6	33.3	38.6	1.0	71.9.
	post	4.07±0.06	4.3	6.6	8.3	38.6	40.9	1.3	79.5.
	long	4.35±0.07	2.6	2.3	3.6	17.8	38.0	35.3	55.8.

Table 2. Mean and median number of wild, domesticated and alien animals named on request
"Write names of 10 wild animals living in Senegal" in pre-test. Urban= children from urban
schools, rural= children from rural schools.

	URBAN (N=152)		RURAL (N=143)		
	mean	median	mean	median	
WILD	4.7	5	3.3	3	
DOMESTICATED	1.0	0	1.6	1	
ALIEN	0.8	1	0.4	0	

Table 3. Spearman rank correlation between pre-test knowledge and attitude questions. Lower
 scores in eco-centrically and positively oriented conservation attitude questions indicated eco centrism, therefore the negative Spearman R indicates positive correlation of eco-centrism and
 positive conservation attitudes with higher knowledge scores.

Question	Spearman R	p-value
1. Plants and animals have as much right as people to	0.047	0.45
live		
2. There are too many people on the planet	-0.12	0.05
3. People are clever enough to keep from ruining the	0.8	0.19
Earth		
4. People must obey the laws of nature	-0.11	0.65
5. If people pollute nature, there will be negative effects	-0.29	< 0.05
6. Nature is strong enough to handle the bad effects of our	0.31	< 0.05
modern lifestyle.		
7. People are supposed to rule over nature	0.11	0.090
8. People behave badly to nature	-0.85	0.17
9. People will someday know enough about how nature	0.16	< 0.05
works to be able to control its effects		
10. If things don't change, we will have a big disaster in	-0.2	< 0.05
the environment soon		
11. I would prefer to have an amusement centre	0.3	< 0.05
constructed over a nature reserve with wild animals in the		
proximity of my city/village		

authorised to hunt in the natural reserves		
13. I think protection of the Derby eland in my country to	-0.2;	0
be very important		
14. Only rich countries should protect the environment	0.31	<

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Figure 1. Difference in effect of the programme on urban and rural children in Q1, Q4, Q13
and Q14 (p<0.05). Scores are compared in pre-, post- and long-term test.

Figure 2. Effect of the two types of programme on participating children in Q3, Q6, Q7
(p<0.05). Class group participated the programme in school classroom the second day of
exposure. Reserve group was exposed to the same programme, but in the natural reserve. Scores
are compared from pre-, post- and long-term test.



Figure 1. Difference in effect of the programme on urban and rural children in Q1, Q4, Q13 and Q14 (p<0.05). Scores are compared in pre-, post- and long-term test.

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Class Reserve

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