

8 Appendix

8.1 Questionnaire:

Dear Respondent,

I am an MBA student at Czech University of Life Sciences Prague. I am conducting a research for my Master's Thesis on topic "Occupational status and lifestyle of working women in Nepal."

The following questionnaire contains questions about yourself and your feelings you may have about your job. There is no right or wrong answers. Please ensure that you select all your responses listed under different sections.

Your responses will be treated with the utmost confidentiality; therefore no provision is made on the questionnaire for you to write down your name. I assure you that the information provided is for research purposes only. I want to take this opportunity to thank you for taking the time to fill the questionnaire and contributing towards my research thesis.

Section I

Age Between

(a) 20-25 years (b) 26-30 (c) 31-35 years (d) 36-40 years (e) Above 41 years

Marital Status

(a) Unmarried (b) Married (c) Others

Educational Level

(a) Intermediate (b) Bachelor (c) Masters (d) Above Masters

Family structure

(a) Nuclear family (b) Joint family

Section II

Occupation

(a) Government employee (b) Employee in private institutions (c) Employee in
NGO/INGO

(d) If others please mention here.....

Work position

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Would you like to mention your monthly income? Or pay level?

- (a) Between Rs. 5,000 to Rs. 10,000
- (b) Between Rs. 10,000 to Rs. 15,000
- (c) Between Rs. 15,000 to Rs. 20,000
- (d) Between Rs. 20,000 to Rs. 25,000
- (e) Between Rs. 25,000 to Rs. 30,000
- (f) Above Rs. 30,000

Number of hours per week usually worked

- (a) 20-24 hours (b) 25-29 hours (c) 30-34 hours (d) 35-39 hours (e) 40+ hours

How long have you working at the present place (duration of employment)?

- (a) Less than 1 year (b) 1-3 (c) 3-5 years (d) 5-10 years (e) Above 10 years

Section III

To what extent do you agree or disagree with the following statements? Please mark the option relative to the given statements.

Strongly Agree = 1, Agree = 2, Neutral = 3, Disagree = 4, Strongly Disagree = 5

Work Position	1	2	3	4	5
1. The current work position that I have provides me a social recognition.					
2. I am satisfied with my current work position.					
3. I will shift to next organization if I get better					

position than this.					
4. This position match with my qualification.					
Work Hours					
5. There is a flexible working hours where I work.					
6. I have to work long hours in comparison to my male co-workers.					
7. Due to my job I could not give my full time to the family.					
8. I like to spend my leisure time and most evening with my family members.					
9. I like to spend my leisure time by outgoing with my friends and most evening I dine out.					
Pay Level					
10. Disparity of pay rate between men and women exists on workplace.					
11. Work status differentiates the pay level.					
12. Low status work has low level of pay.					
13. I am very much satisfied with my pay level.					

14. My income level determines my level of expenses and lifestyle pattern.					
15. My income is great support to my family.					
16. The gender gap in earnings is slowly narrowing and women are contributing more to the family.					
Job Tenure					
17. Work experience helps to get better job with better pay.					
18. Work experience helps to be familiar with work environment.					
19. I prefer to work in one place rather than changing the workplace.					
20. After a long time I prefer to switch my job.					
Work Stressor					
21. I have a good working condition/environment.					
22. I have to perform several roles as employees which make me unable to perform my personal life role.					
23. Work family conflict arises most frequently because of my dual role.					

24. My family or personal responsibilities made it difficult for me to perform my job.					
25. I feel stress from my work that results a health problem for me					
Lifestyle					
26. My work is more important for me than my family.					
27. I go to shopping more than twice a week.					
28. I would prefer branded products and willing to pay higher price for branded products.					
29. Speed and ease of preparation are the most important things for me when buying grocery items.					
30. I would prefer to participate in various social events, club membership, vacation and entertainment.					