



Impact of landscape on local well being

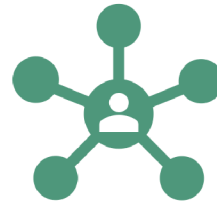
SOPKINA ARINA

Why this topic?

- Interesting to explore peoples preferences, what connected with places.
- Actual topic for all ages ,all stages of development and no dependence on profession
- Deep research in psychology.
- More understanding of peoples minds and impacts.



I want to make a deep research on studies that illustrate the mechanisms through which landscape serves as a resource for people's health-promoting activities. The results are divided into three subsections each focusing on mental, physical, and social well-being.



My work will provide an overview of the relationships between health and landscape, identifying pains and gaps in our minds requiring further research.



The identification of quantifiable landscape attributes that affect health is seen as an important factor in enabling future landscape design to be of benefit to human health

What I will research?

KEY POINTS OF THE TOPIC

Natural Landscapes Help You Unplug

Stress Hormone Levels Are Lowered

Nature Makes Us Less Brooding

Natural Landscapes Boost Our Serotonin Levels

An Understanding Of Biophilia



The goal of my work is to focus on people and their psychological relationships with landscape.



To identify traits of characters and pains to bring my own suggestions and hypothesis about the process of landscape's impact on local well-being.

GOAL OF MY WORK



Thank you for your
attention!

I hope we will
work under this
topic together!

