### Appendix

### QUESTIONNAIRE FOR EMPLOYEES

This study is purely for academic exercise. Respondents will not be coerced to respond to the questions. The rights of respondents will be respected.

#### PART I: RESPONDENTS DATA

1. Gender:

Male	[	]
Female	[	]

#### 2. Age:

18-30 years	[	]
31-50years	[	]
51-60years	[	]

3. Educational Background:

Non-forma	[	]
Basic	[	]
Senior High	[	]
Tertiary	[	]
Other	[	]

- 4. Years of working with the Assembly: 1-5years [ ] 6-10years [ ] 11-15years [ ] 16years and above [ ]
- 5. Income level

- 500 cedis and below [ ]
- 501 1000 cedis [ ]
- 1001 1500 cedis [ ]
- 1501–2000 cedis [ ]
- 2001 2500 cedis [ ]
- 2501 3000 cedis [ ]
- Above 3000 cedis [ ]

#### PART II: GENERAL SELF-EFFICACY

# ADOPTED AND MODIFIED FROM ADOPTED AND MODIFIED FROM SCHWARZEE AND JERUSALEM, 1995

	COMPLETELY	DISAGREE	MODERATE	AGREE	COMPLETELY
	DISAGREE				AGREE
	1	2	3	4	5
1. I can always manage					
to solve difficult					
problems if I try hard					
enough					
2. If someone opposes					
me, I can find the					
means and ways to get					
what I want.					
3. It is easy for me to					
stick to my aims and					

accomplish    my      goals.    4. I am confident that I      could deal efficiently    with      with    unexpected      events.    5.      5.    Thanks to my      resourcefulness,    I      know how to handle    1      unforeseen situations.    6. I can solve most      problems if I invest the    1      necessary effort.    1      7. I can remain calm    1
4. I am confident that I      could deal efficiently      with    unexpected      events.      5. Thanks to my      resourcefulness, I      know how to handle      unforeseen situations.      6. I can solve most      problems if I invest the      necessary effort.
could deal efficiently      with    unexpected      events.      5. Thanks to my      resourcefulness,    I      know how to handle      unforeseen situations.      6. I can solve most      problems if I invest the      necessary effort.
could deal efficiently      with    unexpected      events.      5. Thanks to my      resourcefulness,    I      know how to handle      unforeseen situations.      6. I can solve most      problems if I invest the      necessary effort.
with unexpected    unexpected      events.    5. Thanks to my      5. Thanks to my    resourcefulness, I      know how to handle    1      unforeseen situations.    1      6. I can solve most    1      problems if I invest the    1      necessary effort.    1
events.
5. Thanks to my resourcefulness, I know how to handle    Image: Construction of the second s
resourcefulness, I know how to handle unforeseen situations. 6. I can solve most problems if I invest the necessary effort.
know how to handle    Image: Construction of the second s
unforeseen situations.
6. I can solve most    problems if I invest the    necessary effort.
problems if I invest the necessary effort.
necessary effort.
necessary effort.
7. I can remain calm
when facing
difficulties because I
can rely on my coping
abilities.
8. When I am
confronted with a
problem, I can usually
find several solutions.
9. If I am in trouble, I
can usually think of a
solution
10. I can usually
handle whatever
comes my way.

#### APPENDIX B

# ADOPTED AND MODIFIED FROM LEIDEN QUALITY OF WORK LIFE QUESTIONNAIRE (LQWQ)

INSTRUCTIONS: Please read each of the following items carefully and indicate the extent to which you tend to exhibit each of the following behaviours. Please answer each one of the items objectively based on your own experiences. There is no right or wrong answer.

	COMPLETELY	DISAGREE	MODERATE	AGREE	COMPLETELY
	DISAGREE (1)	(2)	(3)	(4)	AGREE (5)
	DISAOREE (I)	(2)	(3)	(4)	AOREE (3)
Is your job fully					
secured (Job					
security)					
I am free from					
conflicting					
demands or					
responsibilities					
My job allows me					
to make a lot of					
decisions on my					
own					
I have					
restricted					
workspace					
My position is					
clearly stated and					
doesn't conflict					
with					
other positions.					
The level of my					
salary correlates					
with my					
job					

description			
My financial			
benefits are			
adequately			
enough			
I have access to			
credit facilities or			
opportunities			