

## PŘÍLOHA B Podrobný rozpis aktivit v projektu „Discover opportunities of rural development“

Zdroj: vlastní zpracování

Day	What's going to happen - (title of the activity, game)	Why would you like to do that - what would you like to reach with it (Goals of the activity)	How are you going to do that - describe the methods and techniques	How will you measure, if you achieved the goal/s of the activity (indicators)
<b>1. DAY - ARRIVAL DAY</b>				
Morning, afternoon	Arrival of participants, accommodation, dinner	Picking up all participants from town of Rožnov pod Radhoštěm and bring them to the destination, accommodate them	We will know times when participants will be in the town of Rožnov pod Radhoštěm. We will divide our team and divide tasks (who will pick up who)	The goal will be safety arrival of all participants
Evening	Giving participants schedule	They will get to know what time the breakfast is next day and when the morning program will start	After arrival group, we will ask them if it the journey was fine and give them schedule	They will be on time on breakfast and also on morning activity
<b>2. DAY - GET TO KNOW EACH OTHER!</b>				
Morning 1. part	Morning discussion and breakfast	Meeting in the working room, discussion about the needs of participants - accommodation, remind the program after breakfast	We will ask participants if they are satisfied with the accommodation and tell them what time the programe after breakfast start	The list of participants who has needs which we will fulfill and who doesn't need anything and they are satisfied
Morning 2. part	Opening the project	Meeting with participants, short presentation of the project, introduction of the place, energizers for friendly atmosphere	We will welcome participants and open the project officialy. We will provide them information about the project in general and tell them what is daily program	They will have information about the project, the place they are staying and also about activities which they are going to do this day. They will be more familiar with the project and more stressful because of the new place.
Morning 3. part	Break the ice! :)	Getting know each other games, ice breakers games	1. name game: everybody is throwing a ball, saying names from who got the ball aand who will throw it 2. name game: drop the curtain (two teams are holding up a curtain and they don't see each other) - guessing names, 3. energizer - MAZINGA (singing song full of energy), 4. game with toilet paper - taking how many piece of toilet papers you want, according to it you have to say one sentence about you	Participants will know the names and also they will be informed about them a bit. They will feel more comfortable and the will feel the friendly atmosphere. After energizer they will have more energy.
Lunch	-	-	-	-
Afternoon 1. part	Setting rules, Sharing our expectations, fears and contributions	Discussion with the participants about the rules, defining expectations, fears and contributions	1. setting rules (discussion) - each participants will write rule which he wants, add it to the flipchart and read it --> discussion about it, setting rules in the final version (plus adding rules from organizers) 2. expectations, fears, contributions - participants will write what is their expectations, fears and what contributions they are expecting from the project, organiazators will coment information	We will know the expectations, fears and contributions and with these information will be very useful for us during whole project. We will know things which we should avoid it or on the other hand the contributions which we have to fulfill.

Afternoon 2. part	Teambuilding activity, Short presentation "Rural development"	Getting know each other better, setting friendly atmosphere, introduction of rural development	1. come to the centre - organizator will say the sentence "I love olives" if sbd. Loves olives they will make a step inside the circle (the proces is repeating), 2. dividing into national teams - they will work together and try to think about what is rural development and its impacts, presenting results; after that there will be sumarizing results and presentation of new information	By teambuilding game they will get to know each other better and they will know some about other participants more specific informatian. Presentation will bring them first experience with working in national team and they will gain knowledge about rural development in general.
Evening 1. part	Reflection group (Every day activity) plus leaders meeting	Sharing opinions on the situation what is happening, saying what they like on the day and what they didn't like and state the reason	1. people will be divided into a teams with one leader, leader will write participant's opinions for this day --> results will be discussed at leaders meeting 2. leaders meeting - sharing results between leaders, trying to find out how to make a project better	Participants will share their opinion and by that they will feel better because they can express their thoughts and feeling. This activity is important for organizers for the improving quality of the project.
<i>Dinner</i>	—	—	—	—
Evening 2. part	Czech evening	Showing traditions, food and culture of the czech nation	1. organizing typical czech games "kukačka, tahání řepy", watching short videos about Czech republic, degustation traditional food	Participants will be more informed about traditions in Czech republic, they will know how traditional czech food taste.
<b>3. DAY - WITH PROFESSIONALS</b>				
Morning 1. part	breakfast	—	—	—
Morning 2. part	energizers, morning exercise, introduce daily program	Getting more energy in the beginning of the day	1. energizers - electricity - dividing into two teams, touching hand and pretend energy voltage (2 times touching, 1 times) which team will know the results first, win 2. energizer - group hug	Parcipants will be better awake in the morning, it will help them to start their day better. Because of the group hug participants won't feel alone and the will feel as a part of the group.
Morning 3. part	Visiting representatives of Rural tourism association in Czech republic, discussion	Welcoming our visitors, introduce them a project, participants, presentation, discussion	1. welcoming our visitors, introduction of the project by organizers 2. introduce representatives with participants, 3. circle of "interest" - people will share their interest and tell why they are interested in, 4. presentation of opportunities of rural tourism and its impacts to rural development	After introduction participants will recognize that this meeting is non formal and they can behave to representatives friendly. Meeting will be led in friendly and opened atmosphere. Participants will gain knowledge why is rural tourism important for a development of the region --> why it is closely connected.

<i>Lunch</i>	–	–	–	–
Afternoon 1. part	"How it works in my country"	sharing experience, opinions about the topic in their country, presenting results	1. Open space method - dividing into four groups on the following topic: "Rural development in my country, Rural areas in my country, Tourism in general, Impacts to local communities (Positive, negative?). People can discuss topics, they can discuss whatever they want, there is no time limit, no special rules. Group will be led by organizers and also by representatives of association rural tourism 2. presenting results - presented by the leader of the group	Participants will have a free space for discussion in the topic which they are interested in. By open space method they will become more familiar with the topic of the project, they will understand better each other and also they will learn to listen other's opinions.
Afternoon 2. part	Energizers, reflection groups, leaders meeting	Be more fresh, sharing opinion's of the day, sharing results with the leaders	1. Evolution - fly, chicken, monkey, man; playing rock, paper, scissor if they win they evolve, 2. Reflection group people are divided into teams from previous day with one leader, leader will write participant's opinions for this day --> results will be discussed at leaders meeting 3. leaders meeting - sharing results between leaders, trying to find out how to make a project better	By the energizer called "Evolution" people will have a good mood, also they will have a chance to have a fun with each participants. Participants will share their opinions and by that they will feel better because they can express their thoughts and feeling. This activity is important for organizers for the improving quality of the project.
<i>Dinner</i>	–	–	–	–
Evening	Croatian night	Sharing croatian traditions with other participants, showing national games, dance, presenting the nation, tasting croatian food	1. presenting the country, 2. playing the national games prepared by croatian team, 3. dancing croatian typical dance, 4. tasting food	Participants will have more knowledge about the croatian culture, their traditions, how their foods taste, how to dance by croatian style and be more friendly with croatian nation
<b>4. DAY - POTENTIAL LOCALITY FOR TOURISM IN MY COUNTRY</b>				
<i>Breakfast</i>	–	–	–	–
Morning 1. part	energizers, morning exercise, introduce daily program, secret friend	Getting more energy in the beginning of the day, be informed about the daily program, teaching to be generous	1. morning exercise with a small piece of sports - doing exercises in the circle, repeating the exercise, 2. "how do you do" - playing music in the room, stop the music means shaking hands with the closest person and tell him/her how you feel, 3. secret friend - participants will pick one name of person. This person will receive every day small message or present. In the end of the project mystery will be revealed	From the beginning of the day participants will have more energy and also they will share their today's feelings with others and have a fun. Playing secret friend will help them with their creativity and it will teach them how to be more generous.

Morning 2. part	Let's find a great not well known locality in your country /1. part/	Working in the national teams, finding information about the tourism in their country, brainstorming about the locality which is worth to promote it	1.dividing into national teams, 2.brainstorming in the group about tourism in their country, 3.finding most visited places vs. not so visited places but with a special atmosphere without tourists	During work in the team they will improve one of the competence of the project (communication in mother tongue) and also they will become slowly experienced in the team work. They will search through the internet and find advices (improving digital competences) and they will have a space for their creativity.
Lunch	–	–	–	–
Afternoon 1. part	"how to promote the locality"	Presentation made by organizers and sharing experience how to promote locality, giving advice how to make an online poster	1. presentation by organizer - presenting information about how to promote locality as a tourist attraction, 2. presentation about the making an online-posters	Participants will gain knowledge about the making posters and also get to know advice kinds of promoting tourist locality, best tools for promoting.
Afternoon 2. part	Let's find a great not well known locality in your country /2. part/	Finalizing the tasks in the national team, making poster of locality, creating presentations about touristic places in their country	2. creating poster, presentation about tourism in their country	The results of the day will be created posters of "not well known place" and presentation of their tourists attractions.
Afternoon 3. part	Reflection group (Every day activity) plus leaders meeting	sharing opinion's of the day, sharing results with the leaders	1. Reflection group - people are divided into teams from previous day with one leader, leader will write participant's opinions for this day --> results will be discussed at leaders meeting 2. leaders meeting - sharing results between leaders, trying to find out how to make a project better	Participants will share their opinion and by that they will feel better because they can express their thoughts and feeling. This activity is important for organizers for the improving quality of the project.
Dinner	–	–	–	–
Evening	International night - Cyprus	Sharing cypriot traditions with other participants, showing national games, dance, presenting the nation, tasting national food	1. presenting the country, 2. playing the national games prepared by croatian team, 3. dancing cypriot typical dance, 4. tasting food	Participants will have more knowledge about the cypriot culture, their traditions, how their food taste, how to dance by croatian style and be more friendly with cypriot nation
<b>5. DAY - BE INSPIRED (Field trip in the Beskydy mountains)</b>				
Breakfast	–	–	–	–
Morning	Beauty of Beskydy!	Walking through Beskydy mountains, getting energy from the nature	1. walking a short path to Radhošť, 2. people will have papers and they will have to sit somewhere in the nature and describe their feeling and have a 30 minutes for thinking of their life..for relaxing, clearing their minds	Participants will be in the mountains where the fresh air is, they will clear their minds and have a time for ourselves
Lunch	Picnic in the mountain!	Having lunch in the nature	–	–
Afternoon	Visiting eco-farm	Excursions to eco-farm, milking, better understanding of the obligations of farmers	1. excursion to eco farm which also host tourists (rural tourism) 2. showing participants what activities are the necessary for being a farmer --> they will be in the role of the tourist	Participants will see the successful eco farm and at the same time successful rural tourism product. They will be in the role of the tourists and by that they can realize better needs of tourists.

Afternoon/ Evening	Public event in the library "Come to my country"	Presenting countries on the public, promoting new tourist product, discussion	1. participants will present their countries in the national team in front of the public in the library, 2. they will highlight the locality in their country which can be worth visited (they will use the results from previous day, posters, presentations). 3. Discussions with public	Participants will improve their communication skills, english skills, presenting skills also they will become more confident. They will use the result from the previous day (posters, presentations) for the event.
Dinner in the town	Dinner in the town			
<b>6. DAY - ACTIVE CITIZENSHIP, BUSINESS IDEA - RURAL DEVELOPMENT</b>				
<i>Breakfast</i>				
Morning 1. part	Treasure hunting - find the treasure Erasmus+!	Finding clues in envelope, making sense of documents (the principle of the puzzles), sharing results with others	1. dividing into teams, finding envelopes in the nature with cutting papers inside (Erasmus definitions - Youth exchange, EVS, Youthpass, Strategic partnership, Mobility..), making sense of the cutting pieces 2. presenting results in the circle 3. discussion about the opportunities which Erasmus+ offer	Participants will know more knowledge about Erasmus+ and its offer. Also they will know how to divide tasks (sbd Will find envelopes, sbd will creating the sense of the information in the paper). This activity will support their organizational skills.
Morning 2. part	Gallery of NGO's	Sharing experience of NGO's, their mainly activities, aims and vision	1. writing information about NGO at the poster, colourful drawing to impress others 2. playing relaxing music and going through the gallery	Created posters of NGO's, created cozy place for reading information on posters
<i>Lunch</i>				
Afternoon 1. part	Theatre "Funny situation with tourists"	Playing theatre	1. dividing into groups, giving topics of the performance to participants 2. creating scenarion, 3. playing performance	With this method they will get to know which situation with tourists that may arise
Afternoon 2. part	Let's talk about business ideas in the rural tourism!	Talking about the ideas in the area of rural tourism, finding ways how to turn ideas into action	1. dividing into teams with one leader 2. by brainstorming method participants will share ideas and the leader will write it down 3. presenting results	Written ideas on the papers --> presented ideas
Afternoon 3. part	Reflection group (Every day activity) plus leaders meeting	sharing opinion's of previous day and this day, sharing results with the leaders	1. Reflection group people are divided into teams from previous day with one leader, leader will write participant's opinions for this day --> results will be discussed at leaders meeting 2. leaders meeting - sharing results between leaders, trying to find out how to make a project better	Participants will share their opinion and by that they will feel better because they can express their thoughts and feeling. This activity is important for organizers for the improving quality of the project.
<i>Dinner</i>				
Evening	International night - Romania, Macedonia	Sharing romanians and macedonian traditions with other participants, showing national games, dance, presenting the nation, tasting national food	1. presenting the countries, 2. playing the national games prepared by romanian and macedonian team 3. dancing cypriot typical dance, 4. tasting food	Participants will improve their communication skills, english skills, presenting skills also they will become more confident. They will use the result from the previous day (posters, presentations) for the event.

7. DAY - LET'S PRESENT YOUR BUSINESS PLAN				
Morning 1. part	"How to write a short business plan"	Presentation made by organizers on the topic "How to write a business plan"	1. presenting information and giving advice to participants how to write a short business plan 2. discussion with participants 3. giving free time to participants to write their own business plan	Written short version of the business plan
Morning 2. part	Presenting results	Presenting business idea in front of participants, discussion	1. each of participant will have short presentation about their business idea, 2. they will also mention the impact of the rural area which they chose, 3. share a knowledge how they would promote this idea	Presentation of each participants, questions from other participants
<i>Lunch</i>				
Afternoon	Youthpass and the final evaluation of the project!	Giving youthpasses, making final evaluation of the project	1. participants will pick one paper with the name of person, participant will describe person who is written on the paper and other people will guess who could it be 3. after successful guessing it will be given to the person with congratulation, 2. participants will receive the questionnaire about youth exchange and they will fill it. 3. participants are sitting in the circle and saying one word what means for them this youth exchange	Received youthpasses, filled questionnaire
<i>Dinner</i>				
Evening 1. part	"Who is your secret friend"	Discovering who is the secret friend	1. organizers will pick one of the participants and they will cover his eyes with the scarf. "Secret friend of this person has to come and person with the scarf will get to know who is it by touching his face	Hide friends are revealed! Participants will know who is their secret friend.
Evening 2. part	Saying goodbye	Saying goodbye, last group hug, game with the paper on the back	1. organizers will thank participants for joining the project 2. the last group hug with the participants! 3. participants will receive papers which they will stick on their back, other people will walk through the room and they will write short message for the new friends. Participants will have a nice memory for this projects which will be full of beautiful and warm words	Smiling faces with a small piece of the sadness because of leaving
8. DAY - DEPARTURE DAY				
<i>Breakfast + gift</i>				
After breakfast	The last goodbye with participants	Saying goodbye, taking participants to the town of Rožnov pod Radhoštěm	We will take participants to the town of Rožnov pod Radhoštěm	Safety arrival of participants to their countries