## Appendix

1- Please select your gender
Male
Female
Prefer not to say
2- Select your age
22-27
28-34
35-44
3- What is your educational level
High school
Undergraduate
Bachelor's
Post Grad
Masters
PhD
4- What is your Marital statue
Single
Married
Divorced
Widowed
5- What is your annual income
300.000 - 500.000 CZK
550.000 - 800.000 CZK
850.000 - 1.000.000 CZK
more than 1.000.000 CZK

## less than 300.000 CZK

6- How would you rate your mental health in the past month and a half?
Good
Neutral
Bad
7- Does your current job allow you to meet your personal life needs?
Yes
No
8- Do you feel any changes regarding you mental health from before and after working?
Yes
No
9- Do you feel like the Organization considers the employees mental health?
Yes
No
10- Did the pandemic influence your level of work satisfaction?
Yes
No
11- Did you feel like you were more productive during the pandemic?
Yes
No
12- Did you prefer working from home?
Yes
No
13- How did the pandemic affect your mental health?
Positivlely
Negatively

14- Was your salary affected during the pandemic?
Yes, negatively
Yes, positively
Stayed the same
15- Does the lack of money prevent you from doing activities you enjoy?
Yes
No
16- Do you rely on another income besides your salary?
Yes
No
17- Is your current position in alignment with your career path?
Yes
No
18- Do you feel like you have an opportunity to grow in the company you work in?
Yes
No
19- How many hours a day do you normally work?
7-8 Hours
8-9 Hours
10-11 Hours
20- How would you describe the physical working condition in the Company?
Good
Average
Poor

21- How would you describe the workload in the organization?

Neutral

Work Load is very much and task are not finished on appropriate time
Work Load is very much but due to participative environment employees are able to complete their task
Work Load is evenly distributed and employees are able to complete their task on time
Work Load is less as compared to other companies
22- Do you think there are good career prospect in your organization?
Yes
No
23- Do you have the ability to balance your work and life duties?
Yes
No
24- How is the working hours of the organisation ?
Highly Satisfactory
Satisfactory
Dissatisfactory
25- Does working in the organization give you a feeling of security and improves your productivity?
Yes
No
26- Does the organization provide satisfactory Salary according to your Work?
Yes
No
27- Does the top management involve employees in the management decisions?
Yes
No
28- Do the facilities provided by the organization motivate you to improve your productivity?
Yes

29- Which factor motivates you the most
Salary increase
Promotion
Leave
Motivational talk
Recognition
Other:
30- Can your work be done remotely?
Yes
No
Yes but requires premise action