# Appendix

1- Please select your gender

Male

Female

Prefer not to say

# 2- Select your age

22-27

28-34

35-44

# 3- What is your educational level

High school

Undergraduate

Bachelor's

Post Grad

Masters

PhD

### 4- What is your Marital statue

Single

Married

Divorced

Widowed

### 5- What is your annual income

300.000 - 500.000 CZK

550.000 - 800.000 CZK

850.000 - 1.000.000 CZK

more than 1.000.000 CZK

less than 300.000 CZK 6- How would you rate your mental health in the past month and a half? Good Neutral Bad 7- Does your current job allow you to meet your personal life needs? Yes No 8- Do you feel any changes regarding you mental health from before and after working? Yes No 9- Do you feel like the Organization considers the employees mental health? Yes No 10- Did the pandemic influence your level of work satisfaction? Yes No 11- Did you feel like you were more productive during the pandemic? Yes No 12- Did you prefer working from home? Yes No 13- How did the pandemic affect your mental health ? Positivlely Negatively

### Neutral

14- Was your salary affected during the pandemic?

Yes, negatively

Yes, positively

Stayed the same

15- Does the lack of money prevent you from doing activities you enjoy?

Yes

No

16- Do you rely on another income besides your salary?

Yes

No

17- Is your current position in alignment with your career path?

Yes

No

18- Do you feel like you have an opportunity to grow in the company you work in?

Yes

No

19- How many hours a day do you normally work?

7-8 Hours

8-9 Hours

10-11 Hours

20- How would you describe the physical working condition in the Company?

Good

Average

Poor

21- How would you describe the workload in the organization?

Work Load is very much and task are not finished on appropriate time

Work Load is very much but due to participative environment employees are able to complete their task

Work Load is evenly distributed and employees are able to complete their task on time

Work Load is less as compared to other companies

22- Do you think there are good career prospect in your organization?

Yes

No

23- Do you have the ability to balance your work and life duties?

Yes

No

24- How is the working hours of the organisation ?

**Highly Satisfactory** 

Satisfactory

Dissatisfactory

25- Does working in the organization give you a feeling of security and improves your productivity?

Y	es

No

26- Does the organization provide satisfactory Salary according to your Work?

Yes

No

27- Does the top management involve employees in the management decisions?

Yes

No

28- Do the facilities provided by the organization motivate you to improve your productivity?

Yes

No

29- Which factor motivates you the most?

Salary increase

Promotion

Leave

Motivational talk

Recognition

Other:\_\_\_\_\_

30- Can your work be done remotely?

Yes

No

Yes but requires premise action